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In order to provide the best services to you, we would like to know what you think about the services you are receiving. Your answers are confidential and will be used to improve future services. For each survey item below, please check the box that corresponds to your answer.

Today's date:							
1. Your age:							
2. Gender: ☐ Male	☐ Female						
3. Which of the following best describes your racial/ethnic background? Check all that apply.							
☐ Caucasian/ White ☐ African American/ Black ☐ Native American/ Alaskan Native							
□ Latino □ As	sian/ South/ Pacific Islander	☐ Other					
<ul> <li>4. Did you voluntarily come for services? Check all that apply.</li> <li>☐ Yes</li> <li>☐ No, my treatment was court ordered</li> <li>☐ No, I was pressured by family to come for services</li> <li>☐ No, I was pressured by friends to come for services</li> <li>☐ No, I was pressured by my work/school to come for services</li> <li>☐ Other (please specify)</li> </ul>							
5. Please indicate which services you are currently receiving.  ☐ Mental Health ☐ Substance abuse ☐ Both Mental Health & Substance Abuse ☐ Other (please specify)							
6. How long have you been i	6. How long have you been receiving services from this center? years months						
7. Have you ever received treatment for this problem or a similar problem anywhere prior to coming here? ☐ No ☐ Yes							
7a. If yes, where? Check all t	hat apply.						
<ul> <li>□ Outpatient</li> <li>□ Peer-support/self-help</li> <li>□ Hospital, residential treatment</li> <li>□ Half-way house</li> <li>□ Other (specify)</li> <li>□ Social Detox</li> </ul>							
8. Did someone (counselor, therapist, or doctor) from this agency recommend or prescribe medication that was related to your treatment? ☐ No ☐ Yes							
8a. If yes, were you told abou	ut the side effects of the medicat	ion? 🗆 No	□ Yes				
9. Have you been given infor	rmation about your rights as a c	client? □ No	□ Yes				

## For each survey item below, please check the box that corresponds to your answer.

Please check the NA (Not Applicable) box if the question is about something you have not experienced.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	NA
1. Services were available at times that were good for me.						
2. Staff were willing to see me as often as I felt necessary.						
3. I, not staff, decided my treatment goals.						
4. Staff respected my religious/spiritual beliefs.						
5. Staff were sensitive to my cultural/ ethnic background.						
6. I was given information about different services that were available to me.						
7. I was given enough information to effectively handle my problems.						
8. Staff here believe that I can grow, change, and recover.						
9. I like the services that I receive here.						
10. I believe staff see me as a partner in my treatment.						
11. Staff treat me with respect.						
12. Staff encourage me to use self-help programs.						
Substance Abuse Issues						
13. Using alcohol and/or drugs is a problem for me.						
14. I need to work on my problems with alcohol and/or drugs.						
15. It is important for me to never use alcohol and/or drugs.						

## As a direct result of the services I received from this center: Strongly Disagree Disagree Strongly Agree Neutral Agree Z 16. My symptoms are not bothering me as much. 17. I am better able to handle things when they go wrong. 18. I am better able to do things that I want to do. 19. I am not likely to use alcohol and/or other drugs. 20. I do better in school and/or work. 21. I spend more time with people who do not use alcohol and/or drugs. 22. I get along better with my boss. 23. I get along better with my teachers. 24. My housing situation has improved. **Social Connectedness** 25. I have someone who will listen to me when I need to talk. 26. I have someone I can do things with (without using alcohol and/or П П П П drugs). 27. I have friends who are clean and sober. 28. I know people I can call when I need help right away. П $\Box$ П П П 29. I have people in my life who are a positive influence. 30. People count on me to help them when they have a problem. 31. I have people who are close to me who motivate and encourage my recovery.

If you are interested in participating in community focus group meetings regarding this survey and how it is used to improve services, please contact UPLIFT at 307-778-8686 or Toll-free at 888-875-4383. This information is also available on the Mental Health & Substance Abuse Services Website at <a href="http://health.wyo.gov/mhsa/index.html">http://health.wyo.gov/mhsa/index.html</a>.

32. I have had interaction with family members or friends who are

supportive of my recovery.

## Thank You!

Please place your completed survey in the provided envelope, seal the envelope, and return it to the designated person.